

January Menu

Breakfast -milk/juice choice
Lunch - milk choice

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1		2		3		4	Blueberry loaf, fruit	5	Egg & cheese sandwich, fruit
	Christmas Break		Christmas Break		Christmas Break		Hamburger steak, cream potatoes, green beans, fruit		pizza, salad, salad, fruit
8	Pancake sausage on a stick, fruit	9	WG crumb square or banana square, fruit	10	Breakfast pizza bagel, fruit	11	Yogurt, grahams, fruit	12	Egg & cheese sandwich, fruit
	Chicken on a bun, french fries, fruit		Crispy chicken nuggets, mac n cheese, green beans, potato rounds, fruit		Spaghetti & meatballs, corn, salad, breadstick, fruit		Chicken and sausage gumbo, rice, sweet potatoes, green beans, roll, fruit		BRUNCH-scrambled eggs, cheese slice, biscuit, grits, salad, sweet potato hash, fruit
15		16	Donut holes, fruit	17	Grits & eggs, fruit	18	Pancake sausage sandwich, fruit	19	Crispy chicken biscuit, fruit
	MLK holiday		Mandarin orange chicken, steamed rice, broccoli, salad, fruit		Cajun chicken pasta, green beans, salad, roll, fruit		Hamburger, cheese slice, lettuce, tomato, potato wedges, pork-n-beans, fruit		Cheesy beef nachos, lettuce, tomato, peppers, mexican rice, black beans, fruit
22	Blueberry muffin, fruit	23	Pancake sausage on a stick, fruit	24	Crispy chicken biscuit, fruit	25	Yogurt, grahams, fruit	26	Cinnamon roll, fruit
	Crispy chicken croissant, sweet potato fries, lettuce, tomato, fruit		Chili, pork n beans, cheese, broccoli, fruit		Pepperoni pizza, salad, salad, fruit		Red beans, rice, sausage, salad, cornbread, fruit		Chicken tacos, mexican rice, seasoned corn,fruit
29		30		31					