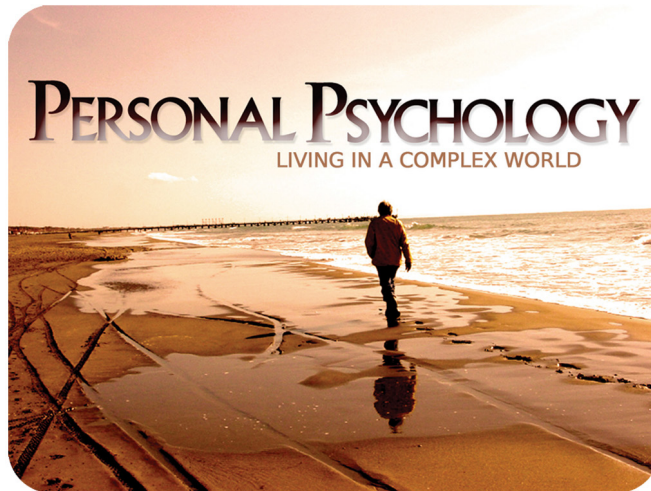


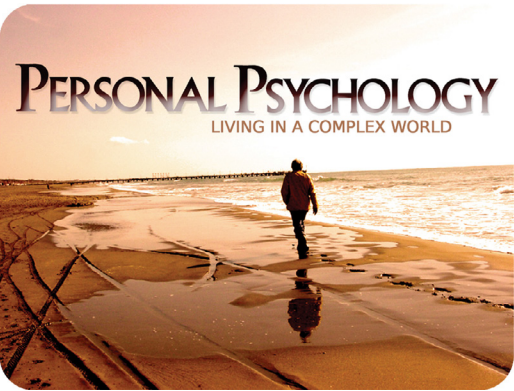


eDynamicLearning

— CAREER & ELECTIVE COURSES —



Course Syllabus



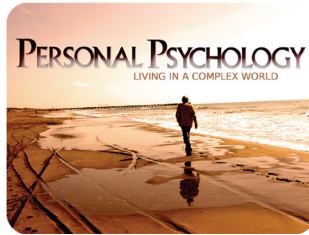
Personal Psychology II: Living in a Complex World

Course Description

Enrich the quality of your life by learning to understand the actions of others! Topics include the study of memory, intelligence, emotion, health, stress and personality. This courses features exciting online psychology experiments involving the world around us.

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Unit 1: Learning

Unit Summary

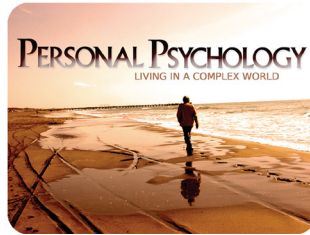
In this unit, we will examine how the process of learning. We will think about what learning is and how it differs from natural knowledge. We will also consider several different theories of learning, including classical conditioning, operant conditioning and social learning such as modeling and vicarious conditioning. Finally, we will examine one technique that can help you learn written material better.

Learning Objectives

- Understand what learning is and how it differs from instincts and reflexes.
- Examine the theory of classical conditioning.
- Investigate operant conditioning and its real world applications.
- Discuss social learning, including modeling and vicarious conditioning.
- Learn the PQ4R technique for learning.

Assignments

Unit 1 Text Questions	Homework	10 points
Unit 1 Online Lab Questions	Homework	10 points
Unit 1 Discussion Assignment 1	Discussion	5 points
Unit 1 Discussion Assignment 2	Discussion	5 points
Unit 1 Quiz	Quiz	15 points



Unit 2: Memory

Unit Summary

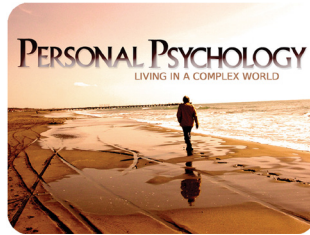
In this unit, we will discuss what memory is and what happens as we commit something to memory and recall it. We will discuss different types of memory, including sensory registers, short-term memory, and long-term memory, including factors that enhance and hinder memory at each level. We will also discuss common memory failures and disorders. Finally, we will discuss briefly how accurate our memories are and factors that influence this accuracy.

Learning Objectives

- Learn about the different types of memory.
- Discuss how memories are formed, stored, and recalled.
- Examine the various types of information that are stored in memory.
- Investigate common memory failures and disorders.
- Discuss the accuracy of memory.

Assignments

Unit 2 Text Questions	Homework	10 points
Unit 2 Online Lab Questions	Homework	10 points
Unit 2 Discussion Assignment 1	Discussion	5 points
Unit 2 Discussion Assignment 2	Discussion	5 points
Unit 2 Quiz	Quiz	15 points



Unit 3: Thinking and Language

Unit Summary

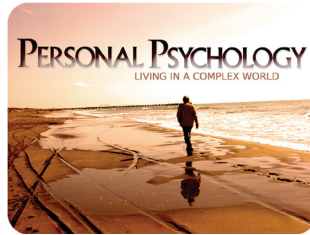
In this unit, we will discuss thought and language. In doing so, we will look at what thinking is and how we categorize objects and situations in our minds. We will also examine decision making, problem solving, and reasoning, including the ways that we go about these mental processes and some of the problems that we may encounter as we do so. Finally, we will investigate the connections between thinking and language and examine the various elements of language.

Learning Objectives

- Examine what thinking is and how we categorize situations and objects in our minds.
- Investigate how we problem solve and some obstacles that we may encounter in doing so.
- Discuss inductive and deductive reasoning, including how they differ from each other.
- Look at the elements of language and meaning.
- Understand more about the relationship between thinking and language.

Assignments

Unit 3 Text Questions	Homework	10 points
Unit 3 Online Lab Questions	Homework	10 points
Unit 3 Discussion Assignment 1	Discussion	5 points
Unit 3 Discussion Assignment 2	Discussion	5 points
Unit 3 Quiz	Quiz	15 points



Unit 4: Intelligence

Unit Summary

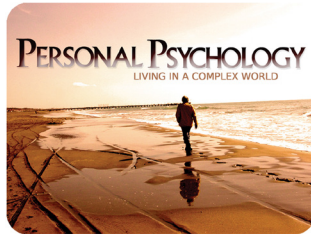
In this unit, we will examine the topic of intelligence from a psychological standpoint, including what intelligence is and why it is so difficult to place a precise definition on intelligence. We will investigate several different ways that psychologists measure intelligence and the pros and cons of intelligence testing. We will also look at several different approaches to understanding intelligence. Finally, we'll examine the debates and research over the role of genetics, heredity, and environment in the development of intelligence.

Learning Objectives

- Learn what intelligence is and why defining this human aspect is difficult.
- Examine different tests that are used to measure intelligence.
- Discuss how psychologists have approached the understanding of intelligence.
- Investigate the possibility of multiple intelligences.
- Discuss the effects of heredity and environment on the development of intelligence.

Assignments

Unit 4 Text Questions	Homework	10 points
Unit 4 Online Lab Questions	Homework	10 points
Unit 4 Discussion Assignment 1	Discussion	5 points
Unit 4 Discussion Assignment 2	Discussion	5 points
Unit 4 Quiz	Quiz	15 points



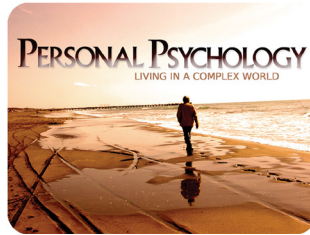
Midterm Exam

Learning Objectives

- Review information acquired and mastered from this course up to this point.
- Take a course exam based on material from the first four units in this course (Note: You will be able to open this exam only one time.)

Assignments

Midterm Exam	Exam	50 points
Midterm Discussion Assignment	Discussion	5 points



Unit 5: Motivation and Emotion

Unit Summary

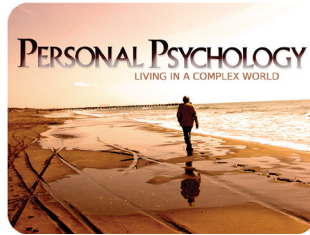
In this unit, we will examine the related areas of motivation and emotion. We'll discuss what motivation is and how different perspectives have thought about motivation. This will include perspectives on motivation such as Maslow's hierarchy of needs and self-determination theory. We will also discuss what emotions are and the three components that make up emotions. In doing so, we'll examine several theories which try to explain how emotions develop and relate to physiological functions.

Learning Objectives

- Learn what motivation is and how primary and secondary needs affect motivation.
- Examine the five different perspectives which seek to explain motivation.
- Discuss how intrinsic and extrinsic motivation affect our behaviors.
- Learn what emotions and moods are, including the three components of emotions.
- Investigate the physical and psychological relationship that comprises emotion.

Assignments

Unit 5 Text Questions	Homework	10 points
Unit 5 Online Lab Questions	Homework	10 points
Unit 5 Discussion Assignment 1	Discussion	5 points
Unit 5 Discussion Assignment 2	Discussion	5 points
Unit 5 Quiz	Quiz	15 points



Unit 6: Stress and Health

Unit Summary

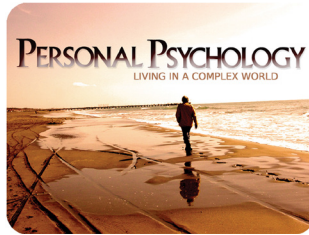
In this unit, we will explore the areas of health and stress. In doing so, you will learn more about the history of health psychology and how the connection between mind and body was thought of through history. We will also discuss what stress is as well as the common stressors that individuals typically face in their lives. Finally, we will examine various coping mechanisms that individuals use to manage stress and its effects on our minds and bodies.

Learning Objectives

- Learn more about the history of health psychology.
- Examine some common causes of stress and their effects on individuals.
- Discuss the general adaptation syndrome and the effects that this has.
- Investigate the four types of conflicts that individuals experience.
- Explore ways of coping with and managing stress.

Assignments

Unit 6 Text Questions	Homework	10 points
Unit 6 Online Lab Questions	Homework	10 points
Unit 6 Discussion Assignment 1	Discussion	5 points
Unit 6 Discussion Assignment 2	Discussion	5 points
Unit 6 Quiz	Quiz	15 points



Unit 7: Personality and Individuality

Unit Summary

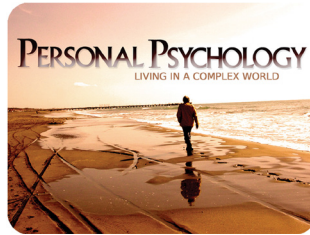
In this unit, we will discuss the topic of personality and why individuals have different personality traits. Psychologists have been very interested in how personality develops, the different traits that people have, and whether personality remains consistent throughout our lives. They have used various different approaches and theories to examine these issues. We will examine five of these approaches and how they explain aspects of personality. The approaches that we will discuss are the psychoanalytic, cognitive-social, trait, humanistic, and sociocultural theories.

Learning Objectives

- Learn what personality is.
- Discuss Freud's three models of personality.
- Investigate how cognition and thought affect personality.
- Learn what personality traits and types are and how psychologists have used these concepts to study personality consistency.
- Examine the person-centered approach and how other people help shape personality.

Assignments

Unit 7 Text Questions	Homework	10 points
Unit 7 Online Lab Questions	Homework	10 points
Unit 7 Discussion Assignment 1	Discussion	5 points
Unit 7 Discussion Assignment 2	Discussion	5 points
Unit 7 Quiz	Quiz	15 points



Unit 8: Abnormal Psychology

Unit Summary

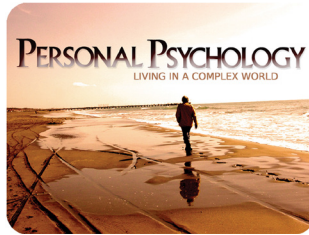
In this unit, we will discuss abnormal psychology. In doing so, we'll examine what psychopathology is and how abnormal behavior differs from normal behavior. We will also look at how abnormal behavior is classified and examine various types of psychological disorders, including anxiety, mood, personality, somatoform, and psychotic disorders.

Learning Objectives

- Understand what abnormal psychology is and how it differs from normal psychology.
- Examine the criteria used to identify abnormal psychology and mental disorders
- Learn about the two major classification systems.
- Discuss anxiety, mood, personality, and somatoform disorders.
- Learn about psychotic disorders and how they differ from other psychological disorders.

Assignments

Unit 8 Text Questions	Homework	10 points
Unit 8 Online Lab Questions	Homework	10 points
Unit 8 Discussion Assignment 1	Discussion	5 points
Unit 8 Discussion Assignment 2	Discussion	5 points
Unit 8 Quiz	Quiz	15 points



Final Exam

Learning Objectives

- Review information acquired and mastered from this course up to this point.
- Take a course exam based on material from units five to eight in this course – the last four units. (Note: You will be able to open this exam only one time.)

Assignments

Final Exam	Exam	50 points
Class Reflection Discussion Assignment	Discussion	10 points